

Galloway Township Public Schools February 2024

Arthur Rann Elementary | Reeds Road Elementary | Roland Rogers Elementary | Smithville Elementary

BREAKFAST PROVIDED AT NO CHARGE TO ALL STUDENTS!

Monday WG Cereal Bowl (22-26g) <u>Tuesday</u> Assorted Frudul (36-40g) Wednesday
WG Cereal Bowl (22-26g)

<u>Thursday</u> WG Assorted Muffins (31-33g) <u>Friday</u> WG PopTart (38g)

Served with White Skim Milk (13g); Choice of Assorted Fruit Juice (14g)

On the Menu for Lunch: (Cost: Paid - \$3.50; Reduced - No Charge)

NEW! Find the Nutritional Facts for all our items at www.gtps.k12.nj.us/foodservice/nutrition.htm

<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
Alternative Menu Choices (when availability allows): Assorted Salads PB&J w/ Cheese Stick (32g) Yogurt w/ Graham Crackers (34g)			1 Chicken Tenders w/ WG Roll (35g) Turkey & Cheese SW (25g) Baked Beans (33g) 100% Fruit Juice (14g)	2 Cheese Pizza (27g) Ham & Cheese SW (25g) Garden Salad (5g) Apples (12g)
5 French Toast w/ Sausage (25g) Tuna Sandwich (19g) Carrots(7g) Mixed Fruit (15g)	6 Meatball Sub (31g) Turkey & Cheese SW (25g) 100% Fruit Juice (14g) Smile Fries (20g)	7 Mini Corn Dogs(23g) Italian Hoagie (25g) Corn (21g) Assorted Fruit	8 Cheeseburger WG Bun (36g) Turkey & Cheese SW (25g) Baked Beans (33g) 100% Fruit Juice (14g)	9 Cheese Dunkers (16g) Ham & Cheese SW (25g) Garden Salad (5g) Apples (12g) Cheese Dunkers (16g)
12 Mini Waffles w/ Sausage (41g) Tuna Sandwich (19g) Carrots (7g) Mixed Fruit (15g)	13 Mac & Cheese (23g) Turkey & Cheese SW (25g) 100% Fruit Juice (14g) Broccoli (8g)	14 Hot Dog on W/G Bun (23g) Italian Hoagie (25g) Smile Fries (20g) Assorted Fruit	15 Chicken Nuggets w/ Dinner Roll (35g) Turkey & Cheese SW (25g) Baked Beans (33g) 100% Fruit Juice (14g) <u>HALF DAY</u>	16 Cheese Pizza (27g) Ham & Cheese SW (25g) Garden Salad (5g) Apples (12g) <u>HALF DAY</u>
19 NO SCHOOL PRESDIENTS DAY	20 Chicken Patty On a WG Bun (41g) Turkey & Cheese SW (25g) Smiley Fries (20g) 100% Fruit Juice (14g)	21 Breaded Mozzarella Sticks w/ Marinara Sauce (21g) Italian Hoagie (25g) Broccoli (8g) Assorted Fruit	22 Nachos Grande (27g) Turkey & Cheese SW (25g) Baked Beans (33g) 100% Fruit Juice (14g)	23 Cheese Crunchers (41g) Ham & Cheese SW (25g) Garden Salad (5g) Apples (12g)
26 Mini Pancakes w/ Sausage (41g) Tuna Sandwich (19g) Carrots(7g) Mixed Fruit (15g)	27 Chicken Nuggets w/ WG Roll (35g) Turkey & Cheese SW (25g) Smile Fries (20g) 100% Fruit Juice (14g)	28 Garlic Breadsticks w/ Marinara Sauce (29g) Italian Hoagie (25g) Broccoli (8g) Assorted Fruit	29 Chicken Tenders w W/G Bun (35g) Baked Beans (33g) Turkey & Cheese SW (25g) 100% Fruit Juice (14g)	(CARB COUNT) *CONTAINS PORK Daily Milk Choices 1% White Milk (13g) Skim White Milk (13g) Fat Free Chocolate (22g)

Available Daily: Fresh Fruit Basket, Veggie Dippers, & assorted skim milk. Students must have a fruit or vegetable on their lunch tray!

Account balance info is available by calling the cafeteria of your child's school, or via School Cafe: CLICK HERE for School Cafe